Dear Members of NCWC

I am pleased to present the Registration Form for the 121st Annual General Meeting and Conference. In alternate years, our tradition is to hold a “no frills” AGM in Ottawa. Your Board is making every effort to minimize costs. We have chosen the Extended Stay Hotel again because you told us that in previous years you appreciate a downtown location and self-catering accommodation.

“No frills” does not mean no fun! There will be lots of opportunity to renew friendships and enjoy what our nation’s capital has to offer at that beautiful time of year.

AGMs are the opportunity for members to evaluate the work of their Board and set the future direction for the organization. We hope you will make every effort to join us. We need your support and to hear from your Council. We need your ideas to carry forward with our work. There are still many issues for us to address.

We look forward to welcoming you to Ottawa, in June!

Denise Mattok,
President NCWC

Greetings Friends

I know those of you who have attended our previous NCWC / NCWC EDUCATION FUND Joint- ‘Common Program’ forums and who are intending to come along this year to NCWC’s 121st AGM in Ottawa will find this year’s program on Saturday, June 7th (noon to 4 pm) equally inspiring.

Here we will be focusing once more on Women and Mental Health, specifically on the issue ‘Shining a Light on Mental Health and Stigma.’ Our lead speaker will be Heather Stuart, Bell Mental Health and Anti-Stigma Research Chair at Queens University (http://www.queensu.ca/research/humandimensions/stuart). We will also feature a panel of speakers from a diversity of backgrounds, such as those with lived experience, families, advocates and service providers.

Hope to see you there and, if you live locally, plan to bring a friend along, and/or, if you know anyone in the media, urge them to come as it would make a great article, and much needed publicity.

Gracia Janes,
President, NCWC Educational Fund

Altior! comes from the Latin altus ‘high’ / altior ‘higher.’ ‘Altior!’ was used by Lady Aberdeen to rally the members in aiming higher in their efforts to better the lives of their families and community.

(Please share this registration package with others)
REGISTRATION FORM
National Council of Women of Canada
121st Annual General Meeting and Conference
June 6 to June 8, 2014
Extended Stay Canada – Ottawa, 141 Cooper Street, Ottawa, ON K2P 0E8

PLEASE READ INSTRUCTIONS CAREFULLY
(Please complete and return. Thank you for printing clearly)

SEPARATE CHEQUES (or money orders) are required for each type of registration.

Name: __________________________________________________________________________
Address: ____________________________________________ City ______________________ Prov _________
Post Code __________ Email: ______________________________________________________
Telephone: (_________) ______________________ Fax: (_________) ______________________

A. Participants with Voting Status
1. Delegate – designated person carrying the vote for an LCW or a PCW or an NOS
   Name of Council or NOS ____________________________________________________________
   President’s authorizing signature ____________________________________________________
   Holding a Proxy (form completed, paid for & received by NCWC) for an LCW or a PCW or an NOS
2. Individual voting participant
   NCWC Director ☐ NCWC Convener ☐ NCWC Emeritus Life Member ☐ NCWC Honorary Life Member ☐
   NCWC Life Member ☐ NCWC Individual Member ☐ NCWC Student Member ☐

B. Participants Non-Voting / Observer Status
Name of Affiliate (if applicable) ______________________________________________________

AGM & CONFERENCE FEES

<table>
<thead>
<tr>
<th>Description</th>
<th>COST</th>
<th>#</th>
<th>Total</th>
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<tbody>
<tr>
<td>Registration for full AGM: Fee</td>
<td>$295</td>
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<tr>
<td>Includes – Plenary Session, nutrition breaks; plenary sessions; docket; registration bag</td>
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<tr>
<td>Day Registration for Saturday June 7th only</td>
<td>$150</td>
<td></td>
<td></td>
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<tr>
<td>NCWC Education Fund Lunch - separate page &amp; separate cheque #2</td>
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<tr>
<td>NCWCDO Dinner - separate page &amp; cheque separate #3</td>
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<tr>
<td>Student Registration for full AGM</td>
<td>$175</td>
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ACCOMMODATIONS: see page 3

Cheque or money order only. NO CREDIT CARD payments
Cheque #1
Payable to National Council of Women of Canada
Mail to National Council of Women of Canada
.................................P.O. Box 67099 Ottawa, ON K2A 4E4

SPECIAL NEEDS – please specify __________________________________________________________

Dietary Restrictions – please specify ____________________________________________________

Airline and Time of ARRIVAL ____________________________________________________________

Airline and Time of DEPARTURE __________________________________________________________

For information: telephone 613-232-7249 or email ncwc@magma.ca
NATIONAL COUNCIL OF WOMEN OF CANADA
121st Annual General Meeting & Conference
June 6 to June 8, 2014

ACCOMMODATION and INFORMATION PAGE

HOTEL
Extended Stay Canada – Ottawa
141 Cooper Street, Ottawa, ON    K2P 0E8
Reservations    613-236-7500
OTW@extendedstay.com

ROOM RATES:   Blocked off under “NCWC”
$113.99 + taxes = $128.81 double room  (ie $64.40 per person per night)
BOOK by MAY 1, 2014 to get this rate

Grab and Go breakfast is included with hotel room
Located in hotel lobby – 6:00  to 9:30 AM
   (coffee, tea, muffins, cereal bars)

Parking At the hotel $14/day based on availability
Also Vinci Parking on Carter at Cooper – automated parking

PLEASE NOTE: AGM activities will begin with the First Plenary Session on Friday, June 6 at 7:00 PM.

BRING & BUY: Please remember to bring your items for the “Bring & Buy.” Celebrating Women items will be available.

Restaurants close by
Dantessa Restaurant at the hotel.
Dunn’s Famous Deli, Pizza Pizza, McDonalds, Harveys, Wendy’s on Elgin

ATTRACTIONS: No official tours are scheduled but information is available at http://www.ottawatourism.ca/en/.
The National Council of Women of Canada, (NCWC) and the National Council of Women Education Fund (NCWC Education Fund) are pleased to continue the 2011-2013 Common Program:

**NCWC EDUCATION FUND PROGRAM:**

**SHINING A LIGHT ON MENTAL HEALTH AND STIGMA**

The community will be invited to attend.

Please print clearly.

Name: ________________________________ Phone: (    ) ____________

Address: ______________________________

Email: _______________________________

<table>
<thead>
<tr>
<th>Luncheon</th>
<th>Cost</th>
<th># of tickets</th>
<th>Total amount enclosed</th>
<th>Admin. use</th>
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</thead>
<tbody>
<tr>
<td>Lunch</td>
<td>$25 per person</td>
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<tr>
<td>12:00 to 1:00 PM</td>
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<tr>
<td>Saturday, June 7</td>
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<td>Program 2:00 to 4:00 PM</td>
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Please make Cheque or money order payable to:  **NCWC Education Fund**

Complete this form, attach payment and return to the address below **BEFORE** April 15, 2014.

**You can include this registration form and payment with your NCWC AGM registration.**

**Mail to**  
National Council of Women of Canada  
P.O. Box 67099  
Ottawa, ON  
K2A 4E4

Special restrictions – please specify:  **Dietary/mobility issues**

__________________________________________________________________________________
ANNUAL GENERAL MEETING and DINNER REGISTRATION FORM
4:15 PM – 6:45 PM, Saturday, June 7, 2014
Extended Stay Canada – Ottawa, 141 Cooper Street, Ottawa, ON K2P 0E8

Please print clearly.

Name: ____________________________ Phone: (____) ____________
Address: ______________________________________________________
Email: ____________________________

<table>
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<tr>
<th>Luncheon</th>
<th>Cost</th>
<th># of tickets</th>
<th>Total amount enclosed</th>
<th>Admin. use</th>
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<tbody>
<tr>
<td>4:15 – 5:45 PM AGM &amp; Speaker</td>
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<tr>
<td>6:00 – 7:00 PM Dinner</td>
<td>$25 per person</td>
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Please make cheque or money order payable to:
National Council of Women of Canada Development Organization (NCWCDO)

Complete this form, attach payment and return to the address below BEFORE April 15, 2014.
You can include this registration form and payment with your NCWC AGM registration.

Mail to: National Council of Women of Canada
P.O. Box 67099 Ottawa, ON K2A 4E4

Special restrictions – please specify: Dietary/mobility issues______________________________
PROXY FORM
National Council of Women of Canada
121st Annual General Meeting and Conference
June 6 to June 8, 2014
Ottawa, ON

Any NCWC affiliate or individual NCWC Officer or Convener unable to attend the Annual General Meeting may appoint another individual to vote as her Proxy. The designated delegate of a Provincial Council may carry up to two proxies from Local Councils, each one representing a Local Council in that province that has completed a Proxy Form. Other eligible voters may carry one Proxy only, that Proxy being supported by a completed Proxy Form. The fee for authorizing a Proxy is $75.00. This fee is to be paid by the affiliate (a LCW or a PCW or an NOS)) or an individual requesting the Proxy. On payment of this Proxy Fee, the individual or affiliate will receive a copy of the docket for the Annual General Meeting.

Name of Affiliate or Individual Authorizing the Proxy: (Please Print)
________________________________________________________________________

Name of the Individual Designated to Carry the Proxy: (Please Print)
________________________________________________________________________

Authorizing
Signature:________________________________________________________________

Please enclose a cheque to cover the Proxy Fee of $75, payable to the National Council of Women of Canada, and return it with this form by May 15, 2014 to:
National Council of Women of Canada
P.O. Box 67099
Ottawa, ON   K2A 4E4

The above-named individual will be required to sign this form at the Annual General Meeting and Conference. For more information on the rules governing proxy voting, please consult “Article IV Governance Section 2 Governing Bodies A. Voting Bodies” of the By-Laws and Standing Rules.

Signature of the Person agreeing to vote on behalf of the above-named individual or affiliate:
________________________________________________________________________

Office Use Only:

Cheque Received: __________ Receipt Issued: __________ Voting Cards Issued _______